



**For Immediate Release
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**THE GREATER CAPE ANN CHAMBER'S HEALTH AND WELLNESS GROUP PRESENTS
THEIR 1st ANNUAL WELLFEST, A GREATER CAPE ANN COMMUNITY WELLNESS FAIR**

The Greater Cape Ann Chamber of Commerce's Health and Wellness Group is proud to announce their first annual WellFest, a Greater Cape Ann Community Wellness Fair on Sunday, May 15 from 11 am to 2 pm at the Glen T. MacLeod Cape Ann YMCA. WellFest is an event that will showcase the Cape Ann region's broad range of health and wellness services. From yoga and massage to general health resources and youth development, this event will provide something for people of all ages. In collaboration with WellFest, the Red Cross will be conducting a blood drive from 10 am to 3pm.

Health and Wellness Group member David Bergeron sums up the event by saying, "WellFest invites everyone to join and become creative on how we can help one another live in better health. Attending WellFest is the first step in discovering your new wellness adventure." Organizing WellFest has brought the region's wellness community together and participating in it –either as a vendor or as a WellFest-goer –will enlighten everyone about the abundance of local wellness services, programs, resources and providers our great region offers. WellFest will also have music, dogs, smoothie samples, art kits, raffle giveaways, massage, agriculture, holistic and general wellness resources, and so much more -- not your average wellness fair.

This free event is open to people of all ages and will be easily accessible. Mark your calendars and gather up your friends and family for a beautiful Spring Sunday at WellFest! To learn more visit capeannchamber.com.

WellFest is organized and presented by the Health & Wellness Group of the Greater Cape Ann Chamber of Commerce, and sponsored by Addison Gilbert Hospital, Beauport Hearing Care, Cape Ann Savings Bank, Dependable Benefits Advising and SeniorCare Inc.

The mission of the Greater Cape Ann Chamber's Wellness Group is to "Build a community network of wellness through education and shared resources for body, mind and spirit."

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