

Benefits of YMCA of the North Shore Membership:

- Unlimited guest benefit: Bring a friend to try the Y or a family member who is in town with you for a workout.
- Deeper discounts on personal training packages with highly qualified personal trainers to keep you on track.
- Complimentary group fitness classes: Your membership includes 100s of today's latest fitness classes all in one place with knowledgeable fitness instructors including yoga, strength training, Zumba, cycling in boutique-style studios, and healthy weight loss classes.
- Unlimited access to state-of-the-art fitness spaces: Boutique-style studios, newly expanded fitness centers, and functional training spaces with state-of-the-art equipment, member only access to Y360
- Reduced program pricing: more discounts on pricing for specialty fitness classes.
- Visit any YMCA nationwide: Visit any YMCA outside of the seven YMCA of the North Shore locations nationwide for free.

Cape Ann Chamber Members Will Also Enjoy:

- · Complimentary one-week trial membership
- 15% off YMCA of the North Shore membership rates

New! Virtual Membership

TRY YMCA360 - LIVE AND ON DEMAND CLASSES FOR ALL. CONNECT WITH A LOCAL INSTRUCTOR OR CLASSES ACROSS THE COUNTRY!

ONLY \$8.99/MONTH

Cape Ann Chamber Members(per month):

MEMBERSHIP RATES	2023 Full Rates	15% off
Young Adult 19-29*	\$37	\$37
Adult 29+	\$63	\$53.55
1 Adult Family (Children 0-21)	\$79	\$67.15
2 Adult Family (Children 0-21)	\$112	\$95.20
2 Adult family without childre	n \$101	\$85.85
3 Adult family (Children 0-21)	\$132	\$112.20
3 Adult Family without childre	n \$124	\$105.40

**We provide a discounted rate for all young adults—this category is not eligible for further discounts

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